

108 Soapy Nuts



Meet Vinita Nag A customer of Daily Dump



Vinita came by one day and shared her technique for washing clothes. Our first response was –

“You’ve got to be kidding! How is it that this is not a widespread practice; and how can we help homes adopt this?”

So our new product is not really a new product but an age-old product delivered in a format for contemporary use and is called **‘108 soapy nuts’**. It really cleans clothes well!

Please salute the great Indian Soap nut!

So if these nuts are natural and known for so many years – how can Daily Dump claim that it is their product?

That’s exactly what we are NOT doing. Though you must admit that the name is catchy!

What we want to do is make this simple natural solution accessible to homemakers in India. This will ensure that each home is less exposed to chemicals and releases water into their drains that is less toxic and more gentle on the earth.

1. Measure



Take 5 Soap nuts



Take 7 Soap nuts

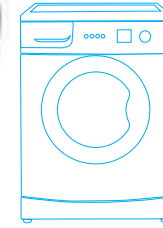
2. Soak

Put Soap nuts in provided muslin bag. Soak in 500ml of water* for at least 15 minutes.

* Hot water preferable



3. Wash



or



Machine wash

1 Top-loading: Add the Soap nut water and the muslin bag into the drum.

Front loading: Add the Soap nut water into the detergent tray and the muslin bag into the drum.

Add clothes and run your cycle.

2 Wash as usual. No need to remove Soap nuts in the rinse cycle.



Bucket wash

1 Add the Soap nut water and the muslin bag into a bucket, then fill the bucket with water and the full load of clothes.

2 Stir and leave to soak for an hour.

3 Scrub and rinse as usual.



Reuse Soap nuts

Soap nuts begin to crumble with each wash. You can re-use these - just hang the wet muslin bag with Soap nuts to dry, till your next wash. Soak again before the next wash. Top up the number to suit your needs.

For a really dirty load use half the load size with the usual quantity of soap nuts.

The Soap nut container used to soak the Soap nuts must not be used to cook food.

The clothes will smell woody or earthy when wet. For that 'fresh' smell add 2-3 drops of your favourite essential oil to the wash bag or during the rinse cycle. We'd recommend lemon grass, lavender or even eucalyptus oil.

Troubleshooting:

There are no bubbles during the wash cycle. Is something wrong? No. Soap nuts are a natural, low sudsing product. There are no added fillers, dyes or chemicals that would create bubbles in the wash. Even without lots of bubbles, the Soap nuts will thoroughly clean your clothes.

Some of the nuts in the pouch are in pieces, is that normal?

It's the shells that contain saponin, so even if these are in pieces they provide better contact with water and therefore more suds.

My Soap nuts all look dark and sticky. Are they spoilt?

No. When Soap nuts absorb moisture, they become dark and sticky. But this does not affect the product or its cleaning capabilities. They will still wash just as well! Soap nuts do not have a shelf life but remember they need to be kept dry.

My muslin pouch has torn. What do I do?

You could buy another one from us or you could use an old sock with a rubberband.

My clothes feel stiff. Why does that happen?

You'll know you've used too many nuts if your clothes feel stiff after washing. The stiffness results from excess saponin in the rinse water and is not harmful to you or the clothes and will go away in the next wash.

So, what else do Soap nuts contain?

Not much else. It is easier to list out what they do not contain! In Soap nuts there are no bleaching, whitening, artificial sudsing agents, artificial colours, fragrances, optical brighteners or animal products.

Will it remove stains?

Soap nuts are effective at removing everyday stains but you may need to use a separate treatment for more stubborn stains like wine, mud, grease or blood. Your stain buster detergent claims to remove these but uses materials that are toxic to achieve this.

How do I maintain the the brightness of white clothes?

Wash your whites and coloured clothes separately. Add half a cup of lime juice to the final rinse of your whites. If that is not white enough, soak clothes in a mixture of 2 tsps salt, 1/2 cup vinegar and one lemon for an hour and wash.

Are they safe?

Soap nuts are 100% natural, safe and hypoallergenic. Being naturally antibacterial and antifungal, they are even recommended for babies and people with sensitive skin. They also leave your clothes remarkably softened.