So, what else do Soap nuts contain?
Not much else. It is easy to list out what they do not contain! In Soap nuts there are no bleaching, whitening, artificial sudsing agents, artificial colours, fragrances, optical brighteners or animal products.

Will it remove stains?
Soap nuts are effective at removing everyday stains but you may need to use a separate treatment for more stubborn stains like wine, mud, grease or blood. Your stain buster detergent claims to remove these but uses materials that are toxic to achieve this.

How do I maintain the the brightness of white clothes?
Wash your whites and coloured clothes separately. Add half a cup of lime juice to the final rinse of your whites. If that is not white enough, soak clothes in a mixture of 2 tsps salt, 1/2 cup vinegar and one lemon for an hour and wash.

Are they safe?
Soap nuts are 100% natural, safe and hypoallergenic. Being naturally antibacterial and antifungal, they are even recommended for babies and people with sensitive skin. They also leave your clothes remarkably softened.